

## MAKE YOUR DAY

A SCHOOL-WIDE CITIZENSHIP PROGRAM THAT ALLOWS  
TEACHERS TO TEACH AND ALLOWS STUDENTS TO LEARN

[Earl's Corner](#)

[Cheryl's  
Two Cents](#)

[Brainstorm:  
Sharing Ideas](#)

[What About This?](#)

[Back Issues](#)

1-866-MYD  
QUESTION

[MYD ListServe](#)

[Website for  
Teachers](#)

[Website for  
Parents](#)

[My School  
Wants MYD](#)

## Earl's Corner

### Welcome Back

A belated welcome back to all of you who have rededicated themselves to this new year of teaching.

To the new teachers that have joined Make Your Day schools, I offer some words of discouragement followed by words of encouragement. A third of you will leave education at the end of three years. Half of the original group of new teachers will be gone at the end of six years. The top three reasons for leaving are 1) classroom management, 2) lack of support from administration, and 3) money. Those schools that use Make Your Day have taken care of the first two reasons for leaving. And, the third reason...those of you who have chosen education did not go into it for the money.

Most schools choose a schoolwide system like Make Your Day because staff feels the need to make a cohesive change or fix discipline at their school. Staffs new to the program enter into the process of adopting and implementing MYD enthusiastically. After a few years of implementation, there may not be the same level of enthusiasm and focus that was apparent the first year. Each year of implementation requires the same



The second change should have been obvious from the beginning - student committees. Philosophically, we have always maintained the importance of the role of the students in the implementation of MYD because their ownership of the system is critical. The use of student committees validates their role and gives students the opportunity to provide solutions that are obvious to them, but not to the adults. When students realize they have a voice in maintaining the integrity of the program they will be intrinsically motivated because they own the program.

If your school has a student committee, join the MYD ListServe so that you can

enthusiasm and focus that was evident the first year if we are to maintain the integrity of the system.

Make Your Day is not a static program and never will be. It continues to improve each year because of the educators who implement it. New teachers and new administrators bring a fresh perspective to this process of implementation and continuity. It is important that we veterans keep an open mind when new staff share their perspective. If the structure of Make Your Day is philosophically sound and good for kids, then it will withstand changes that are based on improving the system.

There are two significant changes that have occurred in the program in recent years. Thanks to John Altermott at North Middle School in Everett, Washington for modifying the language of Concerns so that when a student shares a concern with another person the emphasis is on the behavior. The language is changed to "It interfered with my..." instead of "You interfered with my..."

share your successes. If your school doesn't have a student committee going yet, we hope the ListServe will provide you with the opportunity to learn more about this.

Maintaining the integrity of MYD will always be challenged by the passage of time and changes in personnel. However, the passing of time and the inclusion of new personnel has made the system stronger and better for kids.

Next month - Shortcuts that don't harm the system and shortcuts that do.

---



## Cheryl's Two Cents

### Helpful Information

There are many resources available that are helpful to teachers. When they are **free**, it's even better. If you do not already receive "Discipline Tip of the Week," which is a **free** service of The MASTER Teacher, you can sign up at the following link: [masterteacher.com/freeresource/](http://masterteacher.com/freeresource/) (It's located in the bottom right-hand corner.)

Following is the current week's tip and it is used with permission: The MASTER Teacher®.

## Provide Replacement Behaviors

When misbehavior is chronic and habitual, it is very important to provide an acceptable behavior to replace the one that needs to be extinguished. For example, if the student is constantly blurting out, an acceptable replacement would be for him or her to jot down what he or she wanted to say.

Another example would be the behavior of pencil tapping or thumping to make noise. Tapping on modeling clay or squeezing a hacky-sack can be a reasonable replacement for the needed energy release, without disrupting the rest of the class.

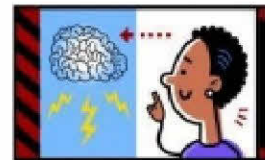
Adapted from [The Inclusion Guide for Handling Chronically Disruptive Behavior](#), by Teresa VanDover, page 14.

---

### **Developed by Tina Haverstick Paradise Valley School District, AZ**

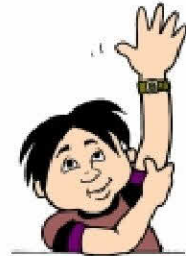
Well, I truly enjoyed teaching first grade last year, while implementing MYD. The key to my success was what I did on Day One. I told the story of GOLDILOCKS AND THE 3 STEPS. I used a doll for a prop, since she can stand and sit (to show the different steps). If this is not available, a 3 Bears book would be okay to get the message across, since students already are familiar with the story. It goes something like this: Once there was a little girl named Goldilocks. She was a good girl, but sometimes it was hard for her to make good choices. One day she went to the bears' house and knocked on the door. Nobody was home, but she went in anyway. Was that OK? No? She didn't make a good choice? Maybe she needs to think about it. (Doll sits on step 1)

Then Goldilocks went to the kitchen and ate the little bears' porridge. Was that OK? No? She didn't make a good choice? Maybe she needs to think about it some more. (Doll stands on step 2)  
Then Goldilocks broke little bears' chair. Was



that OK? No? She didn't make a good choice?  
Maybe she needs to think about it even more.  
(Doll reads rule: No one has the right...)  
Then Goldilocks slept in baby bears' bed without  
asking. Was that OK? No?  
She didn't make a good choice? I think the bears  
need to call Goldilocks' mom to come in for a  
conference.  
Corny? Yeah! But the kids understood the  
reason for the steps thereafter.

---



## Who Thought Up Steps?

???  
What  
About  
This  
???  
Student  
Questions

The students in my classroom got tired of various forms of punishment. They didn't appreciate being yelled at or put in the hall or embarrassed in front of the class. They said, "If we make mistakes, treat us fairly. If you want to privately tell us that we are disturbing the class and allow us to spend a few minutes thinking about it, we can live with that approach." In schools that have used Make Your Day over the past 25 years, students have taken ownership of the program. They understand how it is to be used. If steps are used properly, students may not be happy about going to steps, but they understand, through their behavior, they have made the choice to go to steps.

MYD, Inc.  
5672 E. Hedgehog Place  
Scottsdale, AZ 85266  
866-693-7837  
FarlandCheryl@makeyourdays.com

This email was sent to [% member:email %]. To ensure that you continue receiving our emails, please add us to your address book or safe list.

[manage](#) your preferences | [opt out](#) using TrueRemove®.

Got this as a forward? [Sign up](#) to receive our future emails.

